

Green Mountain Children's Center

Releases

Name of Child: _____

Miniature Field Trips

I understand that GMCC children will take short walks within a half mile radius of the building under direct supervision of GMCC staff. Staff will take care to ensure the safety of the children during these walks as well as inform personnel remaining at the center of their whereabouts.

Parent Initials: _____

Health Alert Notices

I know that GMCC is responsible for posting Health Alert notices in the classrooms' information areas whenever an individual at the center is diagnosed with a communicable disease; I understand that it is my responsibility to read the notices and decide whether or not to leave my child at care. I agree to inform and instruct staff of any illness, injury or other medical conditions related to my child's care.

Parent Initials: _____

Liability

I release GMCC from any liability for illness or injury that might occur while my child is at the center under appropriate staff supervision and care.

Parent Initials: _____

Preschool Rest Time

I am aware that during rest time the preschool can legally be supervised by one less staff person than required to meet ratios during normal activity times provided that: 1.) The total number of child care personnel required to maintain ratios are on the premises and able to assist the classroom in the event of an emergency, and 2.) Personnel will follow the staffing requirements as outlined in New Hampshire Child Care Licensing Units "Rest and Sleep Guidelines".

Parents Initials: _____

Infant Rest Time

I am aware that GMCC must place children 0-18 months on their backs to sleep. The American Academy of Pediatrics (AAP) strongly recommends that caregivers only place infants to sleep on their backs to reduce the risks of death by SIDS (Sudden Infant Death Syndrome). Furthermore, New Hampshire's Child Care Licensing Bureau requires that we place children ages 6 weeks through 18 months on their backs to sleep unless there are written medical orders specifying otherwise. There is much research to support the "back to sleep" recommendation; please let the director know if you desire more information on the causes and prevention of SIDS.

I also understand that GMCC staff constantly monitor infants while napping. Monitoring consists of physical checks at 10 minute intervals.

Parents Initials: _____)

Signature: _____ Date: _____