# Green Mountain Children's Center



# 2022-2023 Participation Releases

Name of Child: \_\_\_\_\_

# **Outdoor Play**

In consideration of my child attending Green Mountain Children's Center (GMCC) and being allowed to participate in outdoor activities, I do hereby release GMCC and their agents from any and all responsibility and liability for injuries or illness resulting from my child attending GMCC or while participating in outdoor play.

## Parent Initials:\_\_\_\_\_

## Water Play

I hereby give my permission for my child to participate in outdoor water play at Green Mountain Children's Center. Wading pools should be avoided for children who are not yet toilet trained, but other means of water play such as sprinklers and water tables are permitted for these children. Please note that all water play is supervised by Green Mountain Children's Centers faculty and staff.

Parent Initials:\_\_\_\_\_

#### **Health Alert Notices**

I know that GMCC is responsible for posting Health Alert notices in the classrooms' information areas whenever an individual at the center is diagnosed with a communicable disease; I understand that it is my responsibility to read the notices and decide whether or not to leave my child at care. I agree to inform and instruct staff of any illness, injury or other medical conditions related to my child's care.

#### Parent Initials:

#### **Liability**

I consent to my child receiving emergency first aid and if necessary being transported to a hospital for emergency care. I agree that any and all transportation and medical care to be at my expense. I release GMCC from any liability for illness or injury that might occur while my child is at the center under appropriate staff supervision and care.

# Parent Initials:

Phone: 603-543-0391 "GMCC – lending hands to the community." Fax: 603-543-6734

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## Preschool Rest Time

I am aware that during rest time the preschool can legally be supervised by one less staff person than required to meet ratios during normal activity times provided that: 1.) The total number of childcare personnel required to maintain ratios are on the premises and able to assist the classroom in the event of an emergency, and 2.) Personnel will follow the staffing requirements as outlined in New Hampshire Child Care Licensing Units "Rest and Sleep Guidelines" and the Vermont Childcare Licensing Regulations "Nap Time".

Parents Initials:\_\_\_\_\_

## Infant Rest Time

I am aware that GMCC must place children 0-12 months on their backs to sleep. The American Academy of Pediatrics (AAP) strongly recommends that caregivers only place infants to sleep on their backs to reduce the risks of death by SIDS (Sudden Infant Death Syndrome). Furthermore, New Hampshire's Child Care Licensing Bureau requires that we place children ages 6 weeks through 12 months on their backs to sleep There is a large amount of research to support the "back to sleep" recommendation; please let the director know if you desire more information on the causes and prevention of SIDS.

I also understand that GMCC staff constantly monitor infants while napping. Monitoring consists of physical checks at 10-minute intervals.

Parents Initials:\_\_\_\_\_

Primary Parent Signature

Date